Knowledge Checkup – Questions

1. When we are choosing the most appropriate dressing, we should take into account the following factors:

2. What are two important considerations when choosing a dressing for a pressure ulcer?

3. We should use a skin barrier to keep the periwound skin:

4. What are the 12 types of dressings that are used for pressure ulcers?

5. What dressing should be used on non-infected, shallow Stage II pressure ulcers?

6. What dressing is best to protect body areas at risk for friction and can be used for autolytic debridement?

7. What dressing is best for shallow, minimally exudating and painful pressure ulcers?

8. What type of dressing is appropriate for moderately and heavily exudating, and infected ulcers?
9. What type of dressing is suitable for exudative Stage II and shallow Stage III pressure ulcers or that may be painful?

10. What type of dressing is suitable for pressure ulcers that are infected or heavily colonized?

11. What type of dressing contains a natural product and is suitable for Stage II and III pressure ulcers?

12. What type of dressing is suitable for moderate to high exudate, but should not be used with patients with thyroid disease?

13. This dressing is a good choice to prevent tissue injury when the ulcer or periwound tissue is fragile or friable.

14. For what two types of dressings is there insufficient evidence to support their use with pressure ulcers?

15. What are three reasons for NOT using gauze as the main dressing for pressure ulcers?
Knowledge Checkup – Answers

1. Goal of the patient; the nature and volume of the wound drainage; the tissue in the ulcer bed; and, the condition of the skin around the ulcer

2. Keep wound bed moist; stay in contact with wound bed

3. Dry and prevent maceration

4. Hydrocolloid, transparent film, hydrogel, alginate, foam, silver-impregnated, honey-impregnated, cadexomer iodine, silicone, collagen matrix, biological and gauze

5. Hydrocolloid dressing

6. Transparent film dressing

7. Hydrogel dressing

8. Alginate dressing

9. Foam dressing

10. Silver-impregnated dressing

11. Honey-impregnated dressing

12. Cadexomer iodine dressing

13. Silicone dressing

14. Collagen matrix and biological (skin replacement) dressings

15. Labor intensive, causes pain, dries out viable tissue