



Pressure Ulcers eCourse

Knowledge Checkup Module 5.7

Handout

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Knowledge Checkup – Questions

1. What is responsible for pain in pressure ulcers?
2. How can you detect and measure pain in patients with pressure ulcers?
3. Name two pain scales for use with neonates and children.
4. What are some things you can do to reduce and prevent pain in your pressure ulcer patients?
5. What are some ways to manage general pain in pressure ulcer patients?
6. What are some methods for managing persistent, neuropathic pain in pressure ulcers?

Knowledge Checkup – Answers

1. Friction or shear; damaged nerve endings; inflammation; infection; procedures and treatments; muscle spasms
2. Validated pain scales; patient's report of pain; non-verbal cues
3. FLACC and CRIES
4. Lift or transfer sheet; smooth sheets; position off ulcer; gentle wound cleansing; protect periwound skin
5. Pain medication; time out; covered and moist wound; non-adherent dressing; regular doses of pain medication; repositioning and alternative therapies
6. Local anesthetic; transcutaneous nerve stimulation; warm applications; tricyclic antidepressants; and refer to pain / wound specialist